

Stand: 06.03.2025

provisorische Streckendaten 1. Nationaler OL, Samstag, 29. März 2025

| Kat. | Distanz km | Steigung m | Anzahl Posten |
|------|---------------|---------------|------------------|
| H10 | 1.9 | 45 | 8 |
| H12 | 2.6 | 65 | 12 |
| H14 | 3.9 | 85 | 14 |
| H16 | 4.9 | 145 | 17 |
| H18 | 5.1 | 165 | 18 |
| H20 | 6.4 | 200 | 23 |
| HE | 6.4 | 200 | 23 |
| HAL | 5.6 | 175 | 19 |
| HAM | 4.2 | 105 | 18 |
| HAK | 3.3 | 95 | 14 |
| HB | 3.7 | 75 | 13 |
| H35 | 5.5 | 175 | 19 |
| H40 | 5.5 | 175 | 19 |
| H45 | 5.3 | 175 | 19 |
| H50 | 5.2 | 160 | 18 |
| H55 | 5.0 | 150 | 18 |
| H60 | 4.4 | 140 | 18 |
| H65 | 4.1 | 120 | 16 |
| H70 | 3.6 | 90 | 15 |
| H75 | 3.4 | 90 | 14 |
| H80 | 3.2 | 95 | 13 |
| H85 | 2.5 | 70 | 11 |

| Kat. | Distanz km | Steigung m | Anzahl Posten |
|------|---------------|---------------|------------------|
| D10 | 1.9 | 45 | 8 |
| D12 | 2.5 | 65 | 11 |
| D14 | 3.5 | 80 | 13 |
| D16 | 4.2 | 120 | 15 |
| D18 | 4.4 | 115 | 18 |
| D20 | 5.5 | 180 | 21 |
| DE | 5.5 | 180 | 21 |
| DAL | 4.6 | 135 | 18 |
| DAM | 3.6 | 110 | 16 |
| DAK | 2.8 | 90 | 12 |
| DB | 3.5 | 80 | 13 |
| D35 | 4.4 | 115 | 18 |
| D40 | 4.5 | 130 | 19 |
| D45 | 4.5 | 130 | 19 |
| D50 | 4.3 | 115 | 16 |
| D55 | 4.2 | 105 | 18 |
| D60 | 3.6 | 110 | 16 |
| D65 | 3.5 | 95 | 15 |
| D70 | 3.2 | 95 | 13 |
| D75 | 2.5 | 70 | 11 |
| D80 | 2.5 | 70 | 11 |

| | | | |
|-----|-----|-----|----|
| OL | 5.0 | 125 | 20 |
| OM | 3.4 | 90 | 14 |
| OK | 2.8 | 55 | 10 |
| FAM | 2.8 | 55 | 10 |
| OS | 2.1 | 60 | 9 |

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| Massstab | 1:10'000 |
| Massstab | 1:7'500 |

provisorische Streckendaten 2. Nationaler OL, Sonntag, 30. März 2025

| Kat. | Distanz km | Steigung m | Anzahl Posten | Start |
|------|------------|------------|---------------|-------|
| H10 | 2.0 | 15 | 19 | 2 |
| H12 | 2.5 | 25 | 23 | 2 |
| H14 | 2.8 | 30 | 23 | 1 |
| H16 | 3.0 | 35 | 22 | 1 |
| H18 | 3.4 | 45 | 25 | 1 |
| H20 | 3.7 | 50 | 25 | 1 |
| HE | 4.0 | 50 | 28 | 1 |
| HAL | 3.3 | 35 | 25 | 1 |
| HAM | 3.0 | 35 | 22 | 1 |
| HAK | 2.4 | 25 | 20 | 2 |
| HB | 2.3 | 15 | 20 | 2 |
| H35 | 3.1 | 35 | 24 | 1 |
| H40 | 3.1 | 30 | 21 | 1 |
| H45 | 3.3 | 45 | 24 | 1 |
| H50 | 2.9 | 25 | 22 | 1 |
| H55 | 2.8 | 25 | 19 | 1 |
| H60 | 2.8 | 25 | 21 | 1 |
| H65 | 2.6 | 25 | 22 | 1 |
| H70 | 2.4 | 25 | 20 | 2 |
| H75 | 2.0 | 20 | 19 | 2 |
| H80 | 2.0 | 20 | 19 | 2 |
| H85 | 1.4 | 15 | 13 | 2 |

| Kat. | Distanz km | Steigung m | Anzahl Posten | Start |
|------|------------|------------|---------------|-------|
| D10 | 2.0 | 15 | 20 | 2 |
| D12 | 2.3 | 20 | 21 | 2 |
| D14 | 2.5 | 30 | 21 | 2 |
| D16 | 2.7 | 30 | 20 | 1 |
| D18 | 3.0 | 35 | 20 | 1 |
| D20 | 3.1 | 40 | 24 | 1 |
| DE | 3.2 | 40 | 24 | 1 |
| DAL | 2.9 | 40 | 21 | 1 |
| DAM | 2.7 | 30 | 20 | 1 |
| DAK | 2.1 | 30 | 16 | 2 |
| DB | 2.1 | 25 | 18 | 2 |
| D35 | 2.3 | 20 | 17 | 1 |
| D40 | 2.7 | 25 | 20 | 1 |
| D45 | 2.8 | 30 | 18 | 1 |
| D50 | 2.8 | 20 | 19 | 1 |
| D55 | 2.6 | 25 | 22 | 1 |
| D60 | 2.3 | 25 | 20 | 2 |
| D65 | 2.1 | 20 | 16 | 2 |
| D70 | 2.1 | 20 | 16 | 2 |
| D75 | 1.6 | 15 | 14 | 2 |
| D80 | 1.4 | 15 | 13 | 2 |

| | | | | |
|-----|-----|----|----|---|
| OL | 3.2 | 30 | 27 | 2 |
| OM | 2.4 | 20 | 20 | 2 |
| OK | 1.6 | 15 | 18 | 2 |
| FAM | 1.6 | 15 | 18 | 2 |
| OS | 1.4 | 10 | 15 | 2 |

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|---------|---------|
| Masstab | 1:4'000 |
| Masstab | 1:3'000 |